



ORIENTATION & MOBILITY



Orientation & Mobility (O&M) training is low vision rehabilitation that helps individuals who are visually impaired or blind, navigate their environment independently and safely.

O&M focuses on both understanding where they are (orientation) and how to get around (mobility). This training is individualized and uses a combination of sensory information and mobility aids, most notably the white cane.

O&M training focuses on:

- Pre cane training
- White cane training
- Human Guide
- Indoor Travel
- Residential Travel
- Navigation
- Public Transit
- Business Travel



The League has three O&M specialists who work one-on-one with consumers of all ages who are blind or have low vision.

- **Individual Education Plan (IEP) Assistance**
 - Contracted through the schools system, we can assist with helping your child meet their goals through their IEP.
- **Vocational Rehabilitation (VR)**
 - Contracted through the state, we can assist consumers with basic cane skills, navigation to and from work, mobility in the worksite, to help them get or maintain employment.
- **Private Pay**
 - Our staff can assist the consumer to achieve their personal mobility goals, included but not limited to: movement within the home, navigating stairs, travel within their neighborhood, navigation within their community (stores, church, doctor's offices and more).