

QUESTION & ANSWER:

Q1: How do you know if you need orientation and mobility training?

A1:

- If you have a progressive visual impairment or are legally blind.
- If you feel unsafe navigating outside your home.
- If you make body contact with walls or other obstacles.
- If you stumble over steps, drop-offs or curbs.
- If you become disoriented in new environments.



Q2: What training does an O&M specialist need to provide training?

A2:

- Masters Degree in Orientation & Mobility.
- Successful completion of an internship with 600 hours of specialized low vision rehabilitation training.
- Our staff is trained in adaptive O&M (wheelchairs, walkers and support canes).

NEXT STEPS TOWARD INDEPENDENCE:

- Complete the contact us form located on The League's website at the link below <https://the-league.org/contact/>
- An Orientation & Mobility specialist will review your submission and reach out to discuss the next steps.

Currently serving the following areas:

- Northern Indiana
- Southwest Michigan
- Northwest Ohio



The League 5821 S. Anthony Blvd. Fort Wayne, IN 46816
260-441-0551 | www.the-league.org